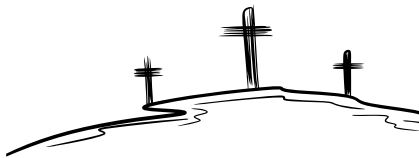


# Holy Week

# BINGO



Complete as many challenges as you can during Holy Week, mark them off, and invite others to join!

Pray for someone in need.	Read the story of the Last Supper.	Write down 3 things you are grateful for.	Write one way you can bring hope to others.	Attend or watch a Holy Week service.
Let go of something that isn't helping you grow.	Create a Holy Week playlist and choose a meaningful song for each day.	Do an act of kindness for a stranger.	Complete an Easter themed craft.	Bring a struggle to God in prayer and ask for the strength to let it go. Reach out to someone you trust if you need support.
Read Isaiah 53 and reflect on Jesus' sacrifice.	Spend quality time with a friend.		Pick up litter and care for God's creation	Give up a favourite treat or habit as an act of fasting.
Tell someone you are close to how much you appreciate them.	Take a nature walk outside.	Lead a prayer with your family.	Read the resurrection story (Matt. 28)	Watch an Easter movie.
Go meat free on Good Friday and take a moment to reflect.	Notice something beautiful in your day and reflect on it.	Try cooking a meal you have never made before.	Donate clothes, food, or essentials to someone in need.	Participate in Palm Sunday and receive a palm as a sign of faith.