



Learning Begins at Home

Did you know? You have already been working to get your child ready for school. By encouraging independence, fostering responsibility, instilling Gospel values and nurturing self-esteem, you have created the foundation for a positive and healthy step into Kindergarten.

Developing Your Child's Literacy Skills

Talking is your child's first skill to acquire in pre-reading and writing development. Here are some things you can do at home to further encourage language development.

- **Sing together.** Sing songs to help your child build vocabulary.
- **Read daily.** Read books to your child and build vocabulary and context by discussing the stories and pictures.
- **Talk...a lot!** Have conversations with your child, ask open-ended questions, and encourage them to ask questions too.
- **Find meaning in letters & words.** Point out meaningful letters or words like letters in your child's name on books, cereal boxes, signs, etc.
- **Explore the world.** Take your child to various places (walks, parks, play groups, etc.) and talk about what they experience.

Want More?

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Developing Your Child's Numeracy Skills

Math is everywhere! Here are some things you can do at home to further encourage numeracy development.

- **Count everything!** Count your steps, stairs, toys.
- **Find patterns.** Be on the lookout for patterns in clothing, pictures, and furniture.
- **Sort items.** Sort everyday items by colour, by size, and by shape.
- **Cook together.** Measure ingredients and set timers.
- **Play games.** Dice, playing cards, and a variety of board games.
- **Compare objects.** Are items bigger or smaller, taller or shorter?

It takes a community!

Scan the QR code to get connected to these community resources.

- Questions about finding a family doctor?
- Questions about your child's speech or language development?
- Questions about your child's developmental milestones?
- Questions about your child's vaccinations?
- Parenting questions?
- Questions about your child's dental health?
- Interested in preschool programming?
- My child has ASD. Now what?
- New to Canada?

More Information at
PUBLIC HEALTH SUDBURY AND DISTRICTS



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