



**SUDBURY
CATHOLIC
DISTRICT
SCHOOL BOARD**

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Dear Parents and Guardians,

Re: Wearing a Mask or Face Covering

We are very pleased to once again welcome your children into both our face to face and remote learning programs. This year is a year like no other we have experienced. One such change this year is the requirement for students Grades 4 to 12 to wear masks and a strong recommendation for students Kindergarten to Grade 3 to also wear a mask. We hope that the guidance below will be helpful to you. A mask or face covering acts as a barrier, as it reduces the chance of spreading respiratory droplets to others and prevents droplets from landing on surfaces when you cough or sneeze. As such, masks are very important in the prevention of the transmission of COVID-19.

a) Your child's mask/face covering should:

- Fit snugly but comfortably against the side of the face covering their nose and mouth.
- Be secured with ties or ear loops.
- Include multiple layers of fabric.
- Allow for breathing without restriction.
- Be able to be washed and machine dried without damage or change to shape.
- When a mask becomes damp or humid it should be replaced.
- Do not reuse a single-use mask. After use the mask should be discarded.

b) To remove your mask safely you must:

- Wash your hands before removing your mask.
- Be very careful not to touch your eyes, nose, or mouth.
- Wash your hands immediately after you remove it.
- Place your used mask directly into the washing machine.
- Wash your mask with other items using a hot cycle, and then dry it thoroughly.
- If you can't wash your mask, throw it in the garbage right away.

Please share the following advice with your child.

c) When wearing a mask or face covering, please don't:

- Wear your mask below your nose.
- Remove or adjust your mask while wearing it.
- Wear a mask that doesn't cover your chin.
- Wear a mask that is too loose.

Please note that should your child's mask/face covering be damaged or soiled at school, we do have replacements that will be provided.

Thank you for helping to keep everyone safe!