

Sudbury Catholic's Monthly Virtues

September **RESPECT**: Mutual respect is the way we live in harmony with one another. It helps us to see others as God sees them; to accept them as they are and to treat them with dignity. When we respect others, we see goodness in them, just as God created them to be.

October **FAITH**: Faith is an attitude which encourages us to involve God in our lives and search for the truth. Faith helps us to maintain and develop our relationship with God and with others both when things are going well and when they are not.

November **JUSTICE**: Acting with justice is the voice of God within us calling us to respect the dignity and rights of all persons. We must treat all people as Jesus would.

December **PATIENCE**: Patience is regulating our thoughts and actions so we act with wisdom. Developing patience calls us to develop loving habits and helps us to respond lovingly to others in our choices and actions.

January **PEACE**: By opening ourselves to God, we will be filled with peace. We can all work for peace by carefully considering how our words and actions make others feel. Always be guided by the words of Paul to the Colossians—"The peace that Christ gives is to guide you in the decisions you make." Peace among nations starts with peace among us.

February **COMPASSION**: Compassion is the act of caring for others as God does. When we act with compassion, we love. Love transforms into action, an action that extends beyond concern for ourselves.

March **HONESTY**: The value of honesty is speaking truth and creating trust in the minds of others. Honesty encourages sincerity transforming our actions.

April **STEWARDSHIP**: As God's children, we have been given responsibility to care for all God's creation. We must live as stewards of the earth, protecting our environment.

May **EMPATHY**: Empathy is the ability to put oneself in another's shoes and the capacity to feel what the other person is feeling. When we are empathetic towards others, we act as Jesus does.

June **FORGIVENESS**: Jesus teaches the value of forgiveness. This takes grace and strength - but always brings peace!



IN GRADE 1
WE ASK:

WHO IS GOD?

As a Catholic Graduate...

I'll BE...

A discerning believer

An effective communicator

A reflective, creative and holistic thinker

A self-directed, responsible, lifelong learner

A collaborative contributor

A caring family member

A responsible citizen



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W H O I S G O D ?



Sudbury Catholic District School Board is proud of our Catholic faith and traditions. The Gospel values of Jesus Christ permeate every aspect of our daily school life including the curriculum, assessments, instructional approaches and teacher and student resources. In all we do, we strive to provide the best in education through teachings revealed by the Gospel.

Our Catholic schools are authentic communities of faith shared through daily prayer and witness to the Gospel values. Our schools enter into a partnership with parishes and families to ensure that our children experience education embedded with religious values preparing them for their journey of faith through life.

The aims of education for exceptional pupils are essentially the same as those for all other students: to develop completely their individual talents as members of society and as unique and responsible Christian persons, and to provide them with opportunities to grow in Faith and in an understanding of the nature and purpose of life.

ASKING QUESTIONS: THE KEY TO LEARNING

As a board initiative, we have introduced grade level **Essential Questions**, to provide a Catholic focus for the curriculum content in all subject areas. These guiding questions provide opportunities for teachers, students and parents to consider how the entire curriculum for a grade level could reflect our Catholic worldview.

The Essential Questions provide a focus for the study of the Religious Education and Family Life Education programs as well as across subject areas. This allows for curriculum integration opportunities, and for the application to the broader Christian community (i.e. Faith and Culture).

Literacy Across the Curriculum

Literacy development lies at the heart of the grade one language curriculum. Literacy learning is a communal project and the teaching of literacy skills is embedded across the curriculum. Our grade one students learn to communicate who God is as our Creator. They express this through speaking, listening, writing and thinking critically about the ideas in the text they are reading. Our students use these communication skills to articulate our story as Catholic believers.

Numeracy

Today's Math programming requires individuals who are able to think critically about complex tasks, analyse and adapt to new situations, solve problems of various kinds, and communicate their thinking effectively. Our students learn that as children of God, we are called to think critically and responsibly when problem solving, remembering social justice and the dignity of the human person in all that we do.

The Arts

Music, Visual Arts and Drama and Dance are all part of our grade one arts program. Through a variety of media, students explore how as Catholics we are called to recognize God in the world all around us, sharing our unique gifts with the world.



Social Studies

In our social study programs, our grade one students learn about physical features and facilities in our local community as well as relationships, rules and responsibilities in our homes, schools and community. We ask, "Who is God?" recognizing the guiding role God plays in our lives.

Science

Our grade one students learn about the following units of study: Needs and Characteristics of Living Things, Materials, Objects, and Every day Structures, Energy in our Lives, and Daily and Seasonal Changes. They continually remind one another of God's presence in all aspects of the world around us.

Health and Physical Education

Our program aims to improve the well being of our students through daily physical activity. As well, our Fully Alive Program shares a holistic approach to effectively integrate expectations from the Health curriculum within the context of values of our Catholic faith.

Religious Education

All classes participate in 'We Belong to God' and 'Fully Alive' Religion programs created by the Canadian Council of Catholic Bishops. Through Catechesis and support to make informed moral and ethical choices, students develop an awareness of, and the desire to live, the Catholic Graduate Expectations.